



IMG ACADEMY



**BOYS & GIRLS
YOUTH SPORTS CAMPS**

WHAT'S YOUR PASSION?

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IMG ACADEMY



AVAILABLE PROGRAMS

- Weekly and multi-week camps throughout the year.
- Core, Total Athlete, Breakthrough and Game Changer training programs are available for each camp.

Go to pages 7-8 for more information on selecting the right camp for you.



**THE WORLD'S
BEST
SPORTS CAMPS**

8 reasons why you should attend an IMG Academy Camp:

1 Specialized Training

No two athletes are the same, so no two training programs should be the same. At IMG Academy, we help you progress in the area that you need the most improvement by offering 1-, 3- and 5-week camps that build on instruction taught each previous day and week to facilitate maximum development. With specialized instruction and programs, low athlete-to-coach ratios and an encouraging learning environment, every athlete gets the level of attention required to improve their skills.

2 Coaching

From the youth stage to the professional ranks, our sport instructors have experience coaching at every level. Each sports coaching staff also includes position- or technique-specific specialists who deliver expert instruction in their area of focus. Also, with renowned specialists in strength training, speed training, mental conditioning, nutrition, leadership, and vision/reaction training, the full IMG Academy staff represents the most knowledgeable and successful in the industry.

3 World-Class Facilities

IMG Academy has been called a Sports Utopia, a place where athletes can eat, sleep, and train. Every facility on the IMG Academy campus is designed to help athletes reach their full potential. With all accommodations and training facilities on one campus, athletes can focus on what matters most: Improvement and having fun.

4 Performance

To facilitate total athletic development, we offer integrated Performance training developed over the course of 30 years: Physical Conditioning, Sports Medicine, Sport Science, Nutrition, Cognitive Perceptual, Mental Conditioning, Leadership, and Life Skills and Character. Our goal is to help you reach your full potential in sport and life, while preparing you to take on all of life's challenges.

5 Global Atmosphere

Last year alone, athletes from more than 80 nations trained at IMG Academy, creating an inspiring environment that promotes understanding and learning of new cultures. It's not uncommon for our campers to make lifelong friends from all around the world.

6 Campus Spirit & Fun

The motivating energy that exists on campus is something that has to be felt in person. The daily buzz of hundreds of athletes, across multiple sports, provides an inspiring and competitive vibe unlike anywhere in the world. Because it's a camp, you should have fun! We offer nightly on-campus events like movie nights or trivia competitions, plus weekly off-campus trips to local beaches or amusement parks. And, from our health services department to our campus life team, safety and security is at the forefront of our campus.

7 Weather

Bradenton, Florida averages approximately 260 days of sunshine per year. Our nearby beaches are annually honored as some of the best in the world. IMG Academy is the ideal year-round training location.

8 Pro Athletes

Imagine strolling through campus and seeing a Grand Slam-winning tennis player, a Heisman Trophy-winning football player, an NBA All-Star or a Major League MVP training at the same facilities as yourself. For more than 30 years, IMG Academy has had a hand in building champions, and many of them train here seasonally or in between competition to maintain their peak form.



Over 500 professional athletes trained at IMG Academy, including Cam Newton, Andrew McCutchen, and Maria Sharapova.

THE IMG ACADEMY DIFFERENCE

OUR LIST OF ALUMNI
& TRAINEES REPRESENTS
ONE OF THE MOST
PRESTIGIOUS OF ANY
SCHOOL IN THE WORLD.



Andre Agassi
DaMarcus Beasley
Paula Creamer
Tommy Haas
Maurice Harkless
Martina Hingis
Kareem Hunt
Jonathan Isaac

Jelena Jankovic
Jessica Korda
Darya Klishina
Sabine Lisicki
Andrew McCutchen
Cam Newton
Kei Nishikori
Sean O'Hair

Heath Pearce
Dwight Powell
Maria Sharapova
Satnam Singh
Peter Uihlein
Serena Williams
Venus Williams
Russell Wilson



CHOOSE THE RIGHT CAMP FOR YOU!

All camps will check-in on Sunday and check-out on Saturday.

1 Select Your Sport

- Baseball
- Boys Basketball
- Girls Basketball
- Football
- Golf
- Boys Lacrosse
- Girls Lacrosse
- Performance
- Boys Soccer
- Girls Soccer
- Tennis
- Track & Field

2 Select Your Camp Length

IMG Academy camps ensure maximum athletic development and improvement by progressing both daily and weekly.

- **1-week:** In week one, athletes are introduced to our world-renowned training methodology and instruction. Athletes begin understanding how to apply what they have learned from drills into competition. The first week is exciting, challenging, motivating and inspirational.

AVAILABLE YEAR-ROUND*

- **3-week:** By week 3, athletes begin to perform at a higher level as they now have a firm grasp of learned tactics and techniques. Athletes implement the coaching and training they've received into competition settings, which allows for even further growth and progression of skills. On- and off-campus activities allow students to make friends with others in camp from around the world.

AVAILABLE 6/10-6/30, 7/1-7/21, 7/22-8/11, 8/12-9/1, 12/2-12/22*

- **5-week:** Week 5 enables campers to see incredible transformation, improvement and growth of their games. They're stronger, faster, more skilled, and more confident, which allows campers to envision their full potential. With the progression of this camp option, tactics and techniques become instinctive, and poise and confidence further strengthen each camper's level of confidence. Bonds continue forming with other campers and truly last for years to come.

AVAILABLE: 6/10-7/14, 7/15-8/18*

3 Select Your Camp

Customize your camp program:

- At IMG Academy, we help you progress in the area in which you feel you need the most improvement. With specialized instruction, low athlete-to-coach ratios, and an encouraging learning environment, every athlete receives the level of attention required to reach their full potential. You have the opportunity to decide which track you prefer. Choose one of the following:

CORE The foundation of all training programs. Emphasis on group sport instruction plus physical and mental conditioning.

TOTAL ATHLETE Emphasis on high-level sport training and specialization. Includes Core program, plus one additional session each day of the program of your choice: Performance Training, English Language Learning, or SAT/ACT Prep.

- **Performance Training:** Athletic and Personal Development (APD) training in mental toughness, physical conditioning, leadership, nutrition, and vision training.

OR

- **English Language Learning:** English as a Second Language (ESL) training and TOEFL preparation with our expert teaching staff inside the Academic Center.

OR

- **SAT/ACT Prep:** Designed for the high school athlete seeking to improve their standardized test scores before college applications begin. This program includes critical thinking strategies, test-taking tips, topic-specific lessons, and online access to continue learning post-camp.

BREAKTHROUGH Development through personalization and hyper-individualized coaching. Includes Core program, plus personalized 1-on-1 or small group coaching & instruction.

GAME CHANGER The ultimate training experience. Includes Core, Total Athlete and Breakthrough programs plus personalized 1-on-1 or small group coaching & instruction.

LEARN MORE ABOUT THE BEST CAMP PROGRAM FOR YOU ON PAGE 8.



CORE

CUTTING-EDGE TRAINING

AGES 8-18

The cutting-edge foundation of all IMG Academy training programs.

Designed for athletes who want to improve their overall game.



TOTAL ATHLETE

COMPLETE SPORT & PERSONAL DEVELOPMENT

AGES 12-18

Now Offering ESL,
TOEFL & SAT/ACT PREP

CORE +

One additional session each day in one of the below concentrations:

Performance Training *or* English Language Learning *or* ACT/SAT Prep

Designed for athletes who want comprehensive athletic and personal development.



BREAKTHROUGH

ADVANCED TRAINING & PERSONALIZED COACHING

AGES 8-18

New for 2018

CORE +

Personalized 1-on-1 or small-group sport training

Designed for athletes who want to take their game to new levels through individualized sport instruction.



GAME CHANGER

THE ULTIMATE TRAINING EXPERIENCE


AGES 12-18

CORE + TOTAL ATHLETE + BREAKTHROUGH +

Complete Athletic and Personal Evolution

Designed for athletes who want a complete athletic and personal evolution to transform their game.





Anchored by coaches with years of collegiate and professional experience, the IMG Academy baseball program provides the most comprehensive, individualized training available in the game today.

BASEBALL

ABOUT THE PROGRAM

Coaching

- Position-specific instruction from the industry's best staff, with coaches including Director Dan Simonds (former Miami (OH) coach and Orioles/Cubs catcher), Chris Sabo (3x MLB All-Star), John-Ford Griffin (former 1st Round Draft Pick), Anthony Decicco (former D1 coach with over 15 years of coaching experience), James Houser (former Tampa Bay Rays pitcher with over 10 years experience competing at the MLB and Minor League level and internationally), and many more
- Receive all-around training and development through drills, practice sessions and situational game play

Features

- Skill level-specific camps available for ages 10+ (8+ during May-August Summer Camps)
- Analyze batting, pitching and fielding technique through video analysis
- Usage of HitTrax to measure bat speed and velocity and EON Virtual Reality to further develop in game-like conditions and improve game-speed timing and rhythm
- Improve balance, movement, concentration, confidence, flexibility, and strength with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination, and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Breakthrough and Game Changer camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Hitting

Approach, pitch recognition/ strike zone discipline, situational hitting and bunting

Catching

Receiving, blocking, throwing, footwork & exchange and game calling

Base Running

Primary/secondary leads, proper reads, base stealing and sliding

Infield

Pre-pitch preparation, fielding mechanics, throwing footwork, range, double play turns and positioning

Outfield

Pre-pitch preparation, fly ball and ground ball technique, jumps and reads, throwing and positioning

Pitching

Mechanics/delivery, arm care, off-speed development, pitchers fielding practice and controlling running game

Physical

Increase speed and agility, flexibility, first step quickness, endurance and injury prevention

Team Fundamentals

Cut offs & relays, rundown technique, pop fly communication and situational defense

B

GC

Choose a **Breakthrough** or **Game Changer** camp for personalized instruction and HitTrax batting reports including velocity, distance, angle and batting average.

SAMPLE SCHEDULE

Morning

7 - 8 am	Breakfast
8:30 - 9 am	Baseball seminar
9 - 9:35 am	Dynamic stretch and throwing program
9:40 - 11 am	On-field training
11 - 11:30 am	Baseball training for Game Changer/ Breakthrough programs
11 - 1 pm	Rest/Lunch

Afternoon

1 - 1:45 pm	Strength & Conditioning/Mental Conditioning
2 - 4 pm	Team fundamental/game defensive/offensive situational competition
4 - 4:30 pm	Baseball training for Game Changer/ Breakthrough program

Evening

5 - 6 pm	Athletic and Personal Development discipline for the Total Athlete program
6 - 7 pm	Dinner
7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

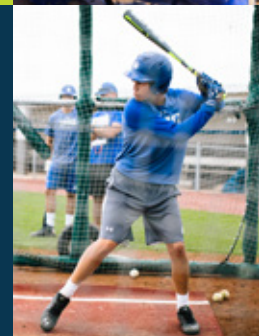
**schedule subject to change*



AVAILABLE PROGRAMS


IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“THANK YOU FOR HELPING TO MAKE THE SUMMER AT IMG ACADEMY AN EXPERIENCE THAT [MY SON] WILL NEVER FORGET. HE LEARNED A LOT ABOUT HIMSELF AND IS MORE FOCUSED THAN EVER ON WHAT HE NEEDS TO DO TO BE A SUCCESSFUL BASEBALL PLAYER.”

Leticia C., Mother of an IMG Academy Baseball camper



Through technical instruction, intensive drill sequences and guided game-situational play from industry-leading coaches, IMG Academy's highly refined training methods seamlessly translate from the practice court to game competition.

BOYS BASKETBALL

ABOUT THE PROGRAM

Coaching

- Receive position-specific instruction from expert coaches who have played and coached at all levels of the game
- Led by Director Brian Nash with over 20 years of D1 head and assistant coaching experience

Features

- Skill level-specific camps available for ages 10+ (8+ during May-August Summer Camps)
- Post-camp written analysis from coaches allows for continued improvement
- College recruiting education
- Train and compete like athletes in our renowned boarding school program
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Breakthrough and Game Changer camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Technical

Ball-handling, shooting form, rebounding, footwork and finishing skills

Game Situations

Floor spacing, movement off of a screen, 1-on-1 attacking and defense and ball penetration

Physical

Increase speed/agility, build explosive power, increase endurance and aerobic capacity and reduce chance of injury

Advanced Techniques

Reading a defense, managing fast break situations, post moves (high and low post), running a team as a point guard, creating your shot and help defense

Mental

Learn mental toughness and discipline. Build player confidence, superior focus, game preparation and improved attitude

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group training with video analysis of your workouts.

SAMPLE SCHEDULE

Morning

7 - 7:45 am	Breakfast
8 - 10 am	On-court training
10 - 11 am	Physical Conditioning/Mental Conditioning
11 - 12 pm	Classroom session/college recruiting education/regeneration

Optional training Saturday 9 - 10 am in May-August Summer camps

Afternoon

12 - 1 pm	Lunch
1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2 - 4 pm	On-court training
4 - 6:30 pm	Regeneration and dinner

Evening

6:30 - 8 pm	Optional shooting/individual work/organized game play
8 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“IT WAS THE BEST CAMP I HAVE EVER ATTENDED. I GOT BETTER EVERY DAY AND TOOK MY GAME TO THE NEXT LEVEL.”

Tyler T., IMG Academy Basketball camper



Led by a former D1 and WNBA player and coach, the IMG Academy girls basketball program teaches total skill development by incorporating position-specific instruction and individualized training.

GIRLS BASKETBALL

ABOUT THE PROGRAM

Coaching

- Directed by Shell Dailey, former player at University of Texas and coach at multiple D1 and WNBA teams
- Receive position-specific instruction from expert coaches

Features

- Skill level-specific camps available for ages 10+ (8+ during May-August Summer Camps)
- College recruiting education
- Post-camp written analysis from coaches allows for continued improvement
- Train and compete like athletes in our renowned boarding school program
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Technical

Ball-handling, shooting form, rebounding, footwork and finishing skills

Game Situations

Floor spacing, movement off of a screen, 1-on-1 attacking and defense and ball penetration

Physical

Increase speed/agility, build explosive power, increase endurance and aerobic capacity and reduce chance of injury

Advanced Techniques

Reading a defense, managing fast break situations, post moves (high and low post), running a team as a point guard, creating your shot and help defense

Mental

Learn mental toughness and discipline. Build player confidence, superior focus, game preparation and improved attitude

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group training with video analysis of your workouts.

SAMPLE SCHEDULE

Morning

7 - 7:45 am	Breakfast
8 - 10 am	On-court training
10 - 11 am	Physical Conditioning/Mental Conditioning
11 - 12 pm	Classroom session/college recruiting education/regeneration

Optional training Saturday 9 - 10 am in May-August Summer camps

Afternoon

12 - 1 pm	Lunch
1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2 - 4 pm	On-court training
4 - 6:30 pm	Regeneration and dinner

Evening

6:30 - 8 pm	Optional shooting/individual work/organized game play
8 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS


IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“BASKETBALL CAMP AT IMG ACADEMY WAS A LIFE-CHANGING EXPERIENCE FOR MY DAUGHTER. SHE LEFT WITH AN EVEN GREATER LOVE OF THE SPORT AND A GREATER UNDERSTANDING OF RECOGNIZING ONE’S POTENTIAL AND THE COMMITMENT THAT IS REQUIRED TO ACHIEVE THAT POTENTIAL.”

John G., Parent of IMG Academy camper



Guided by an expert coaching staff of former NFL and collegiate players, the IMG Academy football program provides position-specific training from coaches who have instructed and competed at the highest levels of the game.

FOOTBALL

ABOUT THE PROGRAM

Coaching

- Learn from former NFL and collegiate players with vast coaching and playing experience at every level of the game
- Coaches include: Kevin Wright (former D1A coach at Western Kentucky and former coach of top-ranked high schools across the country), Antonio Banks (former D1 athlete at Virginia Tech and former player for the Vikings and Raiders), Ernie Logan (former NFL defensive lineman for 9 seasons and former D1 coach for over 10 years), and many more.

Features

- Position-specific instruction available for ages 10+ (8+ during May-August Summer Camps)
- Combines elite football instruction with Physical and Mental Conditioning for all-around development
- Utilization of XOS Digital, the sport's top video analysis system to break down technique
- Classroom work provides the X's and O's for on-field success
- Specialized training for QBs, applying the same techniques used with NFL QBs
- College recruiting education
- Train and compete like athletes in our renowned boarding school program
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability skill (Total Athlete and Game Changer camps)
- Get small-group coaching from one of our expert coaches (Breakthrough and Game Changer camps)
- STRIVR Virtual Reality technology (Breakthrough and Game Changer camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Quarterbacks Footwork, proper mechanics, how to read every type of coverage, correct Arc 'n Pace, play-calling and learning a playbook

Wide Receivers/Tight Ends Alignment, steps/depth on individual and combination routes, pass-catching skill and releases off the line of scrimmage

Offensive/Defensive Linemen Proper fundamentals and techniques of stance, run-blocking, pass protection, combination blocks, pass rush skill, gap control and tackling

Running Backs Ball security, foot work, blocking, route-running, pre-snap reads, blitz pick-up and pass-catching skill

Kickers/Punters Leg swing, ball striking, long-distance kicking, and accuracy. Ball drops/leg swings, pooch punting, directional punting and goal-line punting

Defensive Backs/Linebackers Footwork, ball skills, tackling, blitzing, pre-snap reads & man-to-man and zone coverage techniques

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group training with STRIVR virtual reality training sessions.

SAMPLE SCHEDULE

Morning

7 - 7:45 am Breakfast
8:30 - 10:30 am On-field, position-specific skill work, and classroom training
11 - 12 pm Physical Conditioning in weight room

Afternoon

12 - 1 pm Lunch/free time
1 - 2 pm Athletic and Personal Development discipline for the Total Athlete program
3 - 5 pm On-field, position-specific skill work/scrimmages, and classroom training
5:30 - 7 pm Dinner

Evening

7 - 10 pm Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)


Go to pages 7-8 for more information on selecting the right camp for you.



“THANK YOU FOR STRESSING THE IMPORTANCE OF BECOMING A TOTAL ATHLETE AND DOING THE LITTLE THINGS RIGHT. THE ATMOSPHERE WAS VERY POSITIVE AND MADE ME WANT TO BE NOTHING BUT THE BEST.”

Trenton R., IMG Academy Football summer camper





The IMG Academy golf program boasts expertly trained coaches who assist golfers with learning how to manage any golf course as well as how to play better and post lower scores.

GOLF

ABOUT THE PROGRAM

Coaching

- All coaches have passed a rigorous coaching certification program that grows and develops their technical and strategic knowledge of the game
- Coaching staff averages 12 plus years of coaching at IMG Academy

Features

- Ages 8+
- Analyze your swing with V1 video analysis system
- Skill level-specific camps available for all abilities
- Learn correct fundamentals, solid swing mechanics and proper course management
- College recruiting education
- Program mirrors our renowned boarding school program
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, stability, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- TrackMan, BodiTrak, SAM PuttLab, Bridgestone Golf fittings and K-vest technology available
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Technical

Full swing, pitching, chipping, putting and in-depth individual video analysis. Focus is on the individual (strengths and weaknesses) and how to best improve each area

Physical

Flexibility, injury prevention, build power, increase core strength and build swing speed

Mental

Envisioning shots, attitude, confidence and preparation

Pre-Competition

Mental discipline, shaping shots, pre-shot routines, recovery shots, "feel" drills and exercises

Competition

How you need to prepare for a match or tournament, including how to eat and think leading up to competing during 18- and 36-hole competitions and making in-round adjustments

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group training and personalized TrackMan analysis, SAM PuttLab, Tour Studio fitting, BodiTrak, and more.

SAMPLE SCHEDULE

Morning

8 - 9 am	Golf training for Game Changer/Breakthrough programs
9 - 11:15 am	Golf program (which will include any combination of range work, video analysis, drills, short game or on course play/instruction)
11:15-12:15 pm	Golf training for Game Changer/Breakthrough programs
11:15 - 1 pm	Rest/Lunch

Afternoon

1 - 4 pm	Golf program (which will include any combination of range work, video analysis, drills, short game or on course play/instruction)
4 - 5 pm	Rest/Recovery/Snacks
5 - 6 pm	Athletic and Personal Development discipline for the Total Athlete program
6 - 7 pm	Dinner

Evening

7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

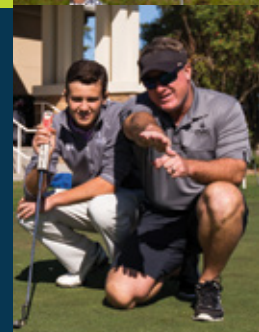
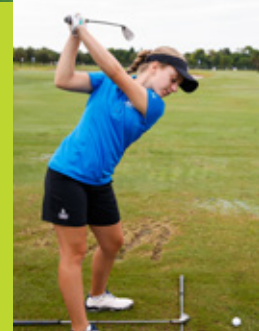
**schedule subject to change*



AVAILABLE PROGRAMS

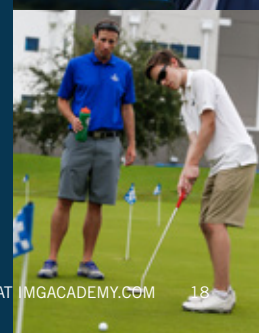
IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“I WENT TO IMG FOR THREE WEEKS AND AFTER COMING HOME MY COACH COULDN'T BELIEVE HOW MUCH I IMPROVED. THE COACHES AT IMG ARE REALLY SUPPORTIVE AND I CAN'T WAIT TO GO BACK.”

Paula V, IMG Academy Golf camper



Offering individual technical and tactical instruction from elite coaches who have experience at the collegiate and professional levels, the IMG Academy boys lacrosse program offers world-class training in an unrivaled setting.

BOYS LACROSSE

ABOUT THE PROGRAM

Coaching

- Learn from former professional and college players and coaches
- Small-group training focuses on specific areas of improvement for individual offense and defense, team strategy and special situations

Features

- Skill level-specific camps available for ages 10+ (8+ during May-August Summer Camps)
- Box intensive/field integrated approach based on athletic training levels successfully used by top national development teams.
- Relative, chronological, and developmental age-specific performance training designed to enhance speed, power, strength, movement and endurance capabilities for the lacrosse player (Core camp)
- Improve mental toughness, stability, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- Exposure to innovative style and system of play that reflects the offensive, defensive and transition performance preferences of college coaches
- College recruiting sessions, which explore and emphasize the key elements of preparation, training, communication and management of the recruiting process
- Guest college coaches and professional players assisting throughout specific camp weeks
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Fundamentals

Application of national development team models that sequentially build strong skills in passing, catching, shooting, stick handling and ground balls taught through high-touch, deep-instruction methodologies

Mental

Confidence, focus, game preparation and attitude

Decision Making

Immersion in Read & React concepts and environments which enhance quality of real-time, in-game participation and action

Performance

Increased speed/agility, build explosive power, increase endurance and reduce chance of injury

B

GC

Choose a **Breakthrough** or **Game Changer** program for specialty small group instruction with video analysis, motion measurement and shot-speed guns.

SAMPLE SCHEDULE

Morning

7 - 7:45 am	Breakfast
8 - 9 am	Mental/Physical conditioning
9:15 - 11:30 am	On-field, position-specific skill work
11:45 - 1 pm	Lunch/free time

Afternoon

1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2:15 - 5:30 pm	On-field, position-specific skill work/scrimmages
5:30 - 7 pm	Dinner

Evening

7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“IT’S AMAZING HOW MUCH I HAVE IMPROVED OVER JUST THE LAST TWO WEEKS. MY STICK SKILLS HAVE GOTTEN SO MUCH BETTER. IT’S UNBELIEVABLE.”

Hagan B., IMG Academy Lacrosse summer camper

We start with fine-tuning the fundamentals, then incorporate position-specific drills and progress into teaching offensive and defensive team concepts through live play – a methodology that allows IMG Academy girls lacrosse camps to rival the best in the nation.

GIRLS LACROSSE

ABOUT THE PROGRAM

Coaching

- Learn from former professional and college players and coaches
- Directed by Kim Russell, former D1 player and D3 head coach with over 20 years coaching experience
- Small-group training focuses on specific areas of improvement for individual offense and defense, team strategy and special situations

Features

- Skill level-specific camps available for ages 10+ (8+ during May-August Summer Camps)
- Box intensive/field integrated approach based on athletic training levels successfully used by top national development teams. The only lacrosse camp to offer both outdoor and indoor (box) training!
- Position-specific drills intertwined with developmental drills and concepts that enhance agility, confidence, and endurance (Core camp)
- Improve mental toughness, stability, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- Exposure to innovative style and system of play that reflects the offensive, defensive and transition performance preferences of college coaches
- College recruiting sessions which explore and emphasize the key elements of preparation, training, communication and management of the recruiting process
- Guest college coaches and professional players assisting throughout specific camp weeks
- Weekly camps may include the following: 1-week Female Empowerment camp, 1-week Leadership & Lacrosse camp, or 1-week Yoga, Mindfulness & Lacrosse camp
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Fundamentals

Sharpened fundamental skills with stick work and stick protection drills, practice passing and catching in tight areas, instruction on power and finesse shooting forms, and strategies for picking up ground balls

Mental

Capitalize on transition, attack/defend and stay poised in high-pressure situations

Decision Making

Immersion in Read & React concepts and environments which enhance quality of real-time, in-game participation and action

Performance

Increased speed/agility, build explosive power, increase endurance and reduce chance of injury

B

GC

Choose a **Breakthrough** or **Game Changer** program for specialty small group instruction with video analysis, motion measurement and shot-speed guns.

SAMPLE SCHEDULE

Morning

7 - 7:45 am	Breakfast
8 - 9 am	Mental/Physical conditioning
9:15 - 11:30 am	On-field, position-specific skill work
11:45 - 1 pm	Lunch/free time

Afternoon

1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2:15 - 5:30 pm	On-field, position-specific skill work/scrimmages
5:30 - 7 pm	Dinner

Evening

7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“THIS IS THE PERFECT PLACE TO PREPARE ME FOR THE NEXT LEVEL. I LOVE THE COACHING, AND IT’S THE BEST PLACE TO BE TO CREATE YOUR GAME.”

Tillie Mintz, former girls lacrosse camper/current class of 2018 student-athlete



Utilizing a revolutionary training curriculum, IMG Academy's performance program promotes athletic progression, character development, leadership, and overall personal evolution. No matter your sport, you will gain an edge on the competition with help from our performance training.

PERFORMANCE

ABOUT THE PROGRAM

Coaching

- Learn from the industry's top performance specialists who work with pros from the NFL, MLB, NBA/WNBA, NLL, ATP/WTA and PGA/LPGA
- Learn from over 40 specialists who will teach you how to become physically stronger, mentally tougher, a better leader, more nutritionally aware and improve mental and vision skills

Features

- Ideal for athletes ages 12+
- Improve in sports and life through eight unique training disciplines: Physical Conditioning, Sports Medicine, Sport Science, Nutrition, Cognitive Perceptual, Mental Conditioning, Leadership, and Life Skills
- Improve your area of need by developing every area of your performance with the same specialists that work with our college and professional athletes
- Geared towards all-around development in any sport
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Physical

Sport-specific strength, power, movement, speed, agility, flexibility and conditioning

Mental

Build confidence, focus and determination and compete at your best on any given day

Nutrition

Optimal everyday nutrition, energy balance, dietary supplements and hydration strategies

Vision

Improve reaction time, peripheral vision, decision making, visual search strategies and cognitive perceptual ability

Leadership

Personal presence, character building, communication skills, accountability, conversational skill, self awareness and impact on others

Athletic Body Management

Reduce the potential of injury, corrective exercises, optimal training, rejuvenation of the body, massage and physical therapy

SAMPLE SCHEDULE

Morning

7:30 - 8:30 am	Breakfast
9 - 10 am	Mental Conditioning, Vision Training, Leadership, or Nutrition
10 - 11:30 am	Physical Conditioning
11:30 - 12 pm	Recovery

Afternoon

12 - 2 pm	Lunch
2 - 3:30 pm	Physical Conditioning
3:30 - 4 pm	Recovery
4 - 5 pm	Mental Conditioning, Vision Training, Leadership, Nutrition, or Regeneration Massage

Evening

5 - 7 pm	Dinner
7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

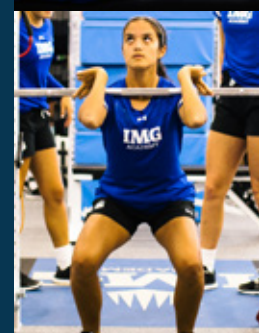
**schedule subject to change*



AVAILABLE PROGRAMS

- IMG Academy camps are available in weekly and multi-week formats throughout the year.

Go to pages 7-8 for more information on selecting the right camp for you.



“NOWADAYS, YOU HAVE TO COME INTO SPRING TRAINING IN THE BEST SHAPE YOU CAN OR YOU’LL BE BEHIND EVERYONE ELSE. [AT IMG ACADEMY], YOU GET A PLACE WHERE YOU HAVE ABSOLUTELY EVERYTHING YOU NEED.”

Pedro Alvarez, MLB player

There's a reason that countless IMG Academy soccer program alumni have gone on to play at some of the top D1 programs, MLS teams and European clubs – individualized player development within a team setting.

BOYS SOCCER

ABOUT THE PROGRAM

Coaching

- Coaching staff with extensive playing and coaching experience at the collegiate and professional levels, both in the U.S. and abroad
- Led by Director Rusty Scarborough, former college coach and 16x club state champion

Features

- Skill level-specific camps available for all abilities, Ages 10+ (8+ during May-August Summer Camps)
- Position-specific instruction for forwards, midfielders, defenders and goalkeepers
- Use of extensive video library for video breakdown sessions prior to instruction
- Post-camp written analysis allows for continued improvement
- College recruiting education
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills



Member of the
U.S. Soccer Development
Academy



Home of the
IMG CUP



Home of the IMG
Suncoast Pro Classic

HOW YOU'LL IMPROVE

Technical

Dribbling/ball control, passing, receiving, shooting/ striking and heading

Tactical

Understand dynamics of play through numbers. 1v1, 2v2 and up to 11v11 drills including attacking, defending and ball movement

Match Strategy

Speed of play, build-ups, changing point of attack, team shape and applying pressure

Position-Specific

Master the unique skills needed at different positions of the field. Making runs, clearing space, sending players through, shutting down an opponent and using angles

Physical

Maximize speed and agility, build power, increase endurance, aerobic capacity and reduce chance of injury

Mental

Pre-match routines, preparation, emotional control and addressing adversity

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group instruction with advanced and customized coaching for position-specific development.

SAMPLE SCHEDULE

Morning

7 - 8 am	Breakfast
8 - 8:45 am	Movement
9 - 9:30 am	Video analysis
9:30 - 11:15 am	Warm-up and instruction

Afternoon

11:30 - 1 pm	Lunch/Rest
1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2:30 - 4:15 pm	Warm-up and instruction

Evening

4:30 - 6:15 pm	Dinner
6:30 - 8 pm	Scrimmages and competitive games (Once per week)
8:15 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

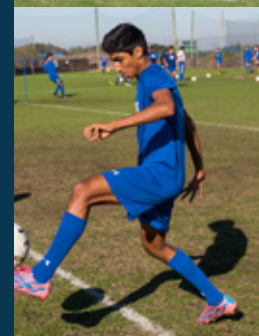
**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“IF YOU WANT TO GET SERIOUS AND GO TO COLLEGE AND PLAY, THIS IS THE PLACE TO BE. EVERYONE HERE WANTS TO GET BETTER. I ALSO LIKE THAT PEOPLE COME HERE FROM AROUND THE WORLD SO YOU GET TO SEE SO MANY DIFFERENT STYLES OF PLAY.”

Alex S., IMG Academy Soccer Program summer camper

Skills, tactics and strategies for the girls' game are specialized and should be taught accordingly. The IMG Academy girls soccer program offers the on- and off-field training to maximize your skill on the field.

GIRLS SOCCER

ABOUT THE PROGRAM

Coaching

- Led by Director Rusty Scarborough, former college coach and 16x club state champion
- Coaching staff with extensive playing and coaching experience at the collegiate and professional levels, both in the U.S. and abroad

Features

- Skill level-specific camps available for all abilities, Ages 10+ (8+ during May-August Summer Camps)
- Position-specific instruction for forwards, midfielders, defenders and goalkeepers
- Use of extensive video library for video breakdown sessions prior to instruction
- Post-camp written analysis, provided by Zoom Reports, allows for continued improvement
- College recruiting education, plus a bus tour of Florida colleges and universities that includes on-campus training and recruiting education
- Improve balance, movement, concentration, confidence, flexibility and power with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in small-group training sessions (Game Changer and Breakthrough camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills



Member of the
U.S. Soccer Development
Academy



Home of the
IMG CUP



Home of the IMG
Suncoast Pro Classic

HOW YOU'LL IMPROVE

Technical

Dribbling/ball control, passing, receiving, shooting/striking and heading

Tactical

Understand dynamics of play through numbers. 1v1, 2v2 and up to 11v11 drills including attacking, defending and ball movement

Match Strategy

Speed of play, build-ups, changing point of attack, team shape and applying pressure

Position-Specific

Master the unique skills needed at different positions of the field. Making runs, clearing space, sending players through, shutting down an opponent and using angles

Physical

Maximize speed and agility, build power, increase endurance, aerobic capacity and reduce chance of injury

Mental

Pre-match routines, preparation, emotional control and addressing adversity

B

GC

Choose a **Breakthrough** or **Game Changer** program for small group instruction with advanced and customized coaching for position-specific development.

SAMPLE SCHEDULE

Morning

7 - 8 am	Breakfast
8 - 8:45 am	Movement
9 - 9:30 am	Video analysis
9:30 - 11:15 am	Warm-up and instruction

Afternoon

11:30 - 1 pm	Lunch/Rest
1 - 2 pm	Athletic and Personal Development discipline for the Total Athlete program
2:30 - 4:15 pm	Warm-up and instruction

Evening

4:30 - 6:15 pm	Dinner
6:30 - 8 pm	Scrimmages and competitive games (Once per week)
8:15 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“ONE DAY, I WANT TO PLAY COLLEGIATE SOCCER. COMING TO IMG GAVE ME MOTIVATION EACH MORNING TO WORK HARD TOWARD MY GOAL. PLUS, I HAD A LOT OF FUN AND MET AMAZING PEOPLE FROM ALL OVER THE WORLD!”

Nicole S, IMG Academy Soccer camper

As the original sport at IMG Academy, tennis remains a program of elite training and develops confident players who learn both the technical and strategic aspects of the game.

TENNIS

ABOUT THE PROGRAM

Coaching

- Our coaches have worked with 10 No. 1 ATP and WTA professionals
- Directed by Rohan Goetzke, former Technical Director of the Dutch Tennis Federation and former coach of Richard Krajicek and Mario Ancic, who oversees approximately 60 experienced coaches

Features

- Skill level-specific camps available for all abilities, ages 8+
- Learn the keys to successful match play
- Low student-to-coach ratios
- College Planning and Placement assistance
- Video evaluation and access to the PlaySight court, equipped with a console and shareable evaluation content, data, and analysis
- Train and compete like athletes in our renowned boarding school program
- Universal Tennis Rating (UTR) tournament(s) incorporated into 3 and 5 week May-August summer camps
- Improve agility, endurance, match play, power and confidence with group Mental and Physical Conditioning (Core camp)
- Improve mental toughness, speed/agility, nutrition, hand-eye coordination and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in one-on-one or small-group training sessions (Game Changer and Breakthrough camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Technical

Fundamentals on ground stroke, transition/net play, serve/return and footwork

Strategy

Identify opponent's strengths, weaknesses and style of play. Develop match strategy and closing combinations

Mental

Routines, preparation, emotional control and address adversity

Physical

Efficient and effective court movement techniques, how to increase balance, generate more power and gain speed and explosiveness

Competition

Play singles and doubles matches against players of similar skill levels to test and improve all learned technical, strategic and physical and mental techniques

B

GC

Choose a **Breakthrough** or **Game Changer** program for 1-on-1 or small group coaching built for individual development.

SAMPLE SCHEDULE

Morning

7:30 - 10 am	Tennis Drills (area of focus varies by day/week)
10 - 11 am	Physical Conditioning
11 am - 12 pm	Athletic and Personal Development discipline for the Total Athlete program

Afternoon

12 pm - 1 pm	Lunch
1 - 3 pm	Match Play (competition against other players of similar ability)
3 - 4 pm	Mission Room (match strategy), Mental Conditioning, Nutrition, or Equipment Talk
4 - 5 pm	Rest

Evening

5 - 7 pm	Dinner
7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

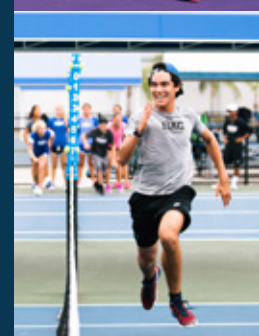
IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“OUR DAUGHTER HAD A BLAST AND IMPROVED HER GAME BY LEAPS AND BOUNDS. PERHAPS THE BEST PART WAS MIXING WITH THE OTHER ATHLETES OF ALL AGES. THE ACADEMY JUST HAS GREAT ENERGY.”

Michael M., Parent of an IMG Academy Tennis camper



The IMG Academy track & field and cross country program applies a science-based training methodology to maximize effectiveness and ensure the highest quality of instruction with elite-level coaches.

TRACK & FIELD AND CROSS COUNTRY

ABOUT THE PROGRAM

Coaching

- Led by Director Loren Seagrave – with more than 40 years of coaching multiple Olympic gold medalists, NCAA Champions, youth and professional athletes.
- Learn from specialty coaching staff including Loren Seagrave, Joice Maduaka, Jason Bean, Kibwé Johnson, Todd Henson, Dwight Phillips, Dustin Spanbauer and Jean-Carlos Arroyo Cruz with extensive coaching experience and notable professional accomplishments.

Features

- Skill level-specific camps available for all abilities, Ages 12+
- Cutting-edge technology to facilitate development, including high-speed video analysis, including high-speed video analysis with Dartfish technology
- Improve balance, movement, concentration, confidence, flexibility and power with Mental and Physical Conditioning (Core camp)
- Improve mental toughness, nutrition, vision training and leadership ability (Total Athlete and Game Changer camps)
- Work directly with expert staff in one-on-one or small-group training sessions (Game Changer and Breakthrough camps)
- Application of advanced technology (Gatorade Sports Science Institute testing) used for assessing and improving specific skills

HOW YOU'LL IMPROVE

Sprints

Start and acceleration technique, maximum velocity sprint mechanics and relay exchange work

Hurdles

100/110m, 300m & 400m, proper hurdle technique, rhythm, perfect lead leg alternation, and race modeling strategy and tactics

Jumps

Sprint mechanics, preparation, take off, flight phase and landing

Throws

Developing the relationship between the athlete and the implement. Improving proprioception and technical throwing efficiency.

Distance

Focus, proper mechanics, reprogramming the nervous system, reduce oxygen consumption, training techniques & prevent injury

B

GC

Choose a **Breakthrough** or **Game Changer** program for 1-on-1 or small group coaching built for individual development.

SAMPLE SCHEDULE

Morning Session

7 - 8 am	Breakfast
8:30 - 9 am	Video preview in Fieldhouse
9 - 10:30 am	Track session
10:30-11:30 am	Rest/Recover
11:30 - 1 pm	Lunch

Afternoon Session

1 - 2 pm	Rest/Recover
2 - 2:30 pm	Video preview in Fieldhouse
2:30 - 4 pm	Track Session
4 - 5 pm	Physical or Mental Conditioning
5 - 6 pm	Athletic and Personal Development discipline for the Total Athlete program
6 - 7 pm	Dinner
7 - 10 pm	Chaperoned on-campus or off-campus activities, including movies, trivia, pool parties and more
10 pm	Lights out

**schedule subject to change*



AVAILABLE PROGRAMS

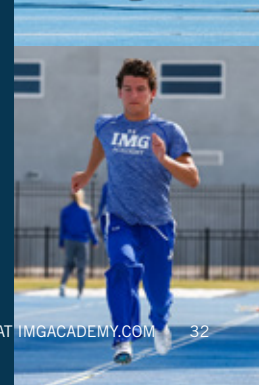
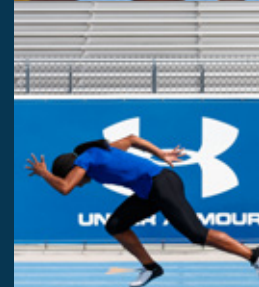
IMG Academy camps are available in weekly and multi-week formats throughout the year, with multiple training programs available for each (Core, Total Athlete, Breakthrough, and Game Changer.)

Go to pages 7-8 for more information on selecting the right camp for you.



“WITH IMG ACADEMY, I HAVE A PLACE WHERE I CAN TOTALLY FOCUS, HAVE GREAT WEATHER, BE ABLE TO TRAIN EVERY DAY, HAVE GREAT FACILITIES AND HAVE A COACH WHO COULD TAKE MY TALENTS TO THE NEXT LEVEL.”

LaShawn Merritt, 2008 Olympic 400-meter gold medalist/2013 IAAF 400-meter and 4x400-meter gold medalist



ATHLETIC FACIL

The Performance and Sport Science Center is where innovation comes to life. Spanning a total of 56,000 square feet, this building will be complete with a 13,500 square foot weight room with 11 high-definition display monitors for instruction, Mind Gym, state-of-the-art Athletic Training center with hydrotherapy room, classrooms for performance disciplines and a yoga studio. The Performance and Sports Science Center will also be home to the Gatorade Sports Science Center and Health Services by Johns Hopkins All Children's Hospital.



ILITIES

56,000 SQ.FT
PERFORMANCE
CENTER

4
BASKETBALL
COURTS

With 24 baskets

18-
HOLE
GOLF
COURSE

Double sided driving range, putting greens and multiple target greens

55
TENNIS
COURTS

Hard, clay
indoor & outdoor

40,000 SQ.FT
FIELD
HOUSE

With professional
locker rooms

6-PLEX
BASEBALL
FACILITY

6 game fields, 3 half fields,
4 indoor batting cages,
12 outdoor batting cages,
16 practice mounds

8-LANE
400M
TRACK

COVERED
TURF
FACILITY

STATE-OF-
THE-ART
STADIUM

MORE THAN
20
MULTI-SPORT
FIELDS



See next page or go to IMGACADEMY.COM to view photos and videos of our facilities





"THINK YOU'RE WORKING HARD ENOUGH TODAY,
BUT THERE'S NO EXCUSE
FOR ANYONE TO WORK HARDER THAN YOU ARE."
- JIMMY KATZ



STRENGTH
THE SCIENCE OF PERFORMANCE



"IT'S NOT THE WILL TO WIN THAT MATTERS... JOINING THE TEAM
IT'S THE WILL TO PREPARE TO WIN THAT MATTERS."
-MICHAEL BIRDA







CAMPUS LIFE FACILITIES

See next page or go to IMGACADEMY.COM to view photos and videos of our facilities →

Train hard. Sleep well. With numerous living options available to customize your camp experience, and state of the art facilities located across campus to service the needs of our campers, we hope your stay with us is one to remember!

RESIDENCE
HALLS

DINING
HALLS

WELLNESS
SPA

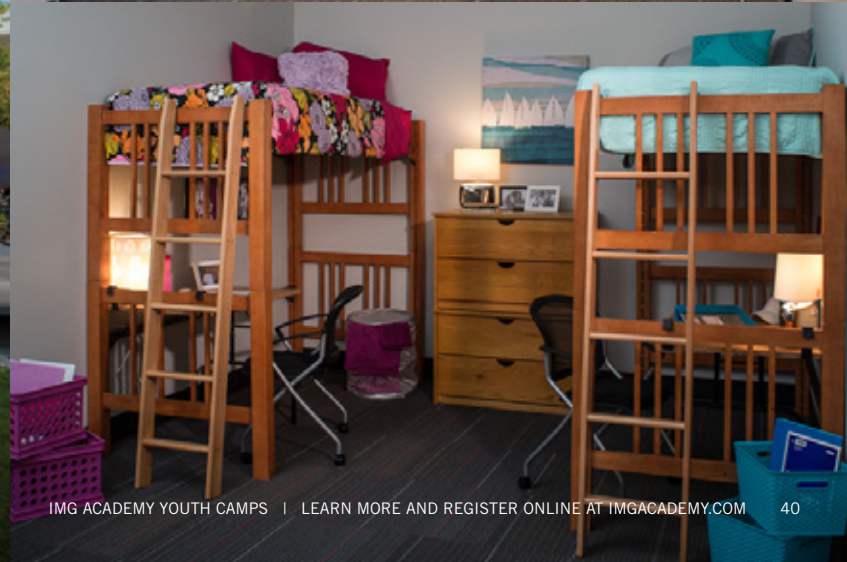
GAME
ROOMS

CAMPUS
CENTER

SWIMMING
POOLS



New Housing
Options in 2018!



Campus Accommodations + Dining

Our state-of-the-art residence halls provide students with a furnished dorm-style room that includes bunk beds, wardrobes and a bathroom. The hall also includes a recreational room to socialize and play video games, a common area to meet with students or staff, a snack shop, a mail room, study rooms and laundry rooms. Additional laundry, dining and maid services are available to customize each athlete's stay.

IMG Academy serves a daily buffet-style breakfast, lunch and dinner complete with healthy selections for the training athlete. Athletes can grab custom-blended smoothies with real fruit at our on-campus Smoothie King locations.

The Campus Center houses the west campus dining hall, with a variety of food stations including a grill, deli and salad bar. It also is home to three additional dining options, a bakery, an Asian fusion style restaurant and a flatbread pizzeria.

New in 2018: The Legacy Hotel

The Legacy Hotel at IMG Academy, set to open in November 2018, will be a 150-room, upscale boutique hotel on the northern edge of campus that will serve guests, parents, trainees, teams, staff, athletes, and more.

The hotel will offer 5,060 square feet of flexible meeting space for seminars, specialized training, and other functions. A resort-like backyard will include a large outdoor swimming pool, along with spacious outdoor event and breakout spaces located on the south side of the hotel. The Legacy Hotel will also include an elevated lobby lounge and bar, as well as a massage and fitness facility.







10U PROGRAMS

At IMG Academy, we are dedicated to providing all athletes, especially our younger ones, with a safe, fun and memorable camp experience.

To make sure our campers that are 10 and under receive the best possible experience, we created a program exclusively for them at no additional cost – V.I.A. (Very Important Athlete). This program consists of age-appropriate activities built into their camp schedule that are delivered by a responsible and energetic team that mentor campers throughout their stay with us.

V.I.A. athletes take advantage of Athletic Fundamental sessions each week that provide a developmentally appropriate experience that's engaging and enjoyable for younger athletes and builds a foundation for them to excel. This program assists with developing essential, fundamental skills that also translate to athletics.

Our V.I.A. campers receive special privileges including reserved tables at mealtime and special access to the movie room, computer lab, game room, pool and private use of our recreation center.



“IT WAS FUN TO BE IN THE V.I.A. CAMP BECAUSE EVERYONE WAS TAKING CARE OF US AND MAKING SURE EVERYTHING WAS OK. V.I.A. ROCKS!”

-Tommy, age 10, Colombia, V.I.A. Camper



Questions about the V.I.A. program?

Call us at 941-755-1000. Special exceptions can also be made for campers that are over 10 by speaking with an advisor.



TRAIN HARD. PLAY HARD.

We coordinate and chaperone a number of activities that take place both on and off campus. An IMG Academy camp experience is the ultimate combination of training and fun.



On-Campus


IMG Academy offers no shortage of activities to catch the interest of any camper. The hub of activity in the evenings revolves around the residence hall and campus center, including outdoor basketball and volleyball courts, and multiple recreation rooms (with video games, pool table and ping pong tables).

Off-Campus

Campers at IMG Academy also have the opportunity to have off-campus fun, through scheduled and chaperoned day trips to destinations like local beaches, amusement parks, water parks, museums and other venues. Campers can sign up for trips to:

Walt Disney World.





OTHER PROGRAMS

IMG Academy has helped athletes of all ages combine hard work with their champion's spirit to find success in the classroom, on the field, court, or course and in life for almost 40 years. Whether you're an aspiring student-athlete, weekend warrior or sports team looking to heighten your overall performance, IMG Academy offers the ideal program to fulfill your needs.



Boarding School

A fully accredited Pre-K – 12 school that also includes post-graduate and ESL offerings, IMG Academy provides both a challenging and supportive environment that brings out the best in student-athletes. By fully integrating academics, athletics, character development and social responsibility, IMG Academy student-athletes graduate with a skill set to achieve anything they dream.

Post-Graduate Programs

Broaden your college aspirations. Invest in your future. Our post-graduate program at IMG Academy offers student-athletes a unique opportunity to enhance their overall academic, athletic and personal standing with top college programs and coaches by offering a rigorous load of academic classes while participating in one of our sport programs, with SAT/ACT programs available.

Pro & College Training

Whether preparing for an upcoming season, recovering from an injury or playing for a new contract, IMG Academy has the knowledge, experience and facility to get you in peak condition. As our countless pro trainees can attest, IMG Academy is the premier training destination for pro & college athletes.

Team Training

World-class facilities, ideal year-round weather, all-inclusive training site, expert coaches and Athletic & Personal Development specialists make IMG Academy the training headquarters for countless youth, collegiate and professional teams. Forge the bonds that build championships at the world's foremost training destination!

Adult & Family Programs

Everyone needs to escape from the day-to-day grind. Whether you are an avid athlete or just a weekend warrior, we have packages for you or a group in tennis, golf and performance. You can also participate in an adult program while your children participate in a youth camp!

Email info@imgacademy.com, call 800-872-6425 or go to IMGAcademy.com for information about each of these programs.



A dramatic sunset over the ocean. The sky is filled with large, textured clouds illuminated from below by the setting sun, creating a palette of deep blues, oranges, and yellows. The sun is a bright orange orb just above the horizon line. In the foreground, two people are silhouetted against the water, standing on a rocky shore. The water is dark with white foam from waves breaking against the rocks.

TRAVEL + AMENITIES

Providing you with the perfect combination of performance and paradise, we encourage you to enjoy Florida's top attractions (between activities) while experiencing the best in sports performance.



Air Travel

Nearby airports in Sarasota (15 minutes) and Tampa (1 hour) offer convenient access to our campus. Transportation to and from the airports is available. Please call us directly at 941-840-8092 or email us at transportation@img.com to book your transportation.

Adult Clubhouse

Take in some Florida sunshine poolside, grasp the real possibility of dining next to a professional athlete, share a toast with a fellow sport participant at the twice-weekly welcome reception or get a quick cup of coffee.

IMG Academy Bookstore

Commemorate your trip with a shirt or piece of memorabilia, or find your every day needs like athletic wear, athletic shoes, sun care products, tennis racquet services and other supplies/services. You can also purchase all of your IMG Academy camp gear on ShopIMG.com before arriving on campus!

Rental Cars

Cruise the town and see all that the Bradenton area has to offer. Reserve your rental car with Enterprise, for exclusive savings, free pick up and award winning customer service. To book visit imgacademy.com/transportation

Wellness Spa

A full-service spa, the Wellness Spa offers hair styling, massages, facials, nail care and more to keep you pampered and happy. For more information, or to book your spa service visit imgacademy.com/wellness-spa.

Local Hotels

IMG Academy offers discounts at several local hotels just minutes away from campus, including the Holiday Inn Express and Suites, Bradenton West, and the Ritz-Carlton, Sarasota. Go to IMGAcademyHotels.com to see the full list of partner hotels.

GATORADE

Gatorade ensures you are fueled before, during, and after practice, training, or in competition and strives to enable you to always perform at your peak by providing the GSeries product line: Prime, Perform, Recover.



Scientists at the GSSI Performance Lab at IMG Academy use their expertise in sports nutrition and exercise performance along with cutting-edge equipment to help you proactively identify areas of opportunity. They can conduct physiological and nutrition needs analyses, gather data and work with you and your influencers to develop customized strategies to address the discoveries and help improve performance.

If you have specific difficulties you'd like help with, some of the commonly-experienced issues GSSI may be able to help resolve:

- Hydration/Electrolyte Concerns
- Nutrition Optimization
- Weight Management Issues
- Energy/Fatigue Issues
- Gastrointestinal Complaints
- Injury/Safety Profiling & Troubleshooting

PRIME. PERFORM. RECOVER.

Every phase of your game has its own unique demands. Answer them.





When you're teamed up with Under Armour, you've got access to the most innovative footwear, apparel and accessories in the world.

We're on a mission to make ALL athletes better through passion, design and the relentless pursuit of innovation. As your Official Performance Apparel and Footwear Partner, you're guaranteed the very best in performance gear—the most innovative gear on this planet.



As part of our Team, you'll also have exclusive access to some of our latest innovations before they hit fields, courts, gyms—you name it—anywhere in the world. Every Under Armour product you wear is doing something for you: it's making you better. Now it's up to you to put it to work. I WILL.

PROTECT THIS HOUSE. I WILL.

**UNDER
ARMOUR**



EASTBAY

THE OFFICIAL SPONSOR OF IMG ACADEMY CAMPS

Eastbay serves the dedicated, the driven, the elite. Those who lift through the burn. Those who hit the wall and keep running. Those who keep training, working, and striving. Those who won't let their team down.

We carry more gear than anyone else because we know when you look good, you play good. No matter your sport, we have the largest selection of brands, colors, styles, and sizes to bring out your best. But it doesn't end with the gear. You have to put in the work to become a true Eastbay athlete. That means pushing your limits and tapping into our endless resources of expert advice and knowledge. Only then can you Prepare For Greatness.

Eastbay

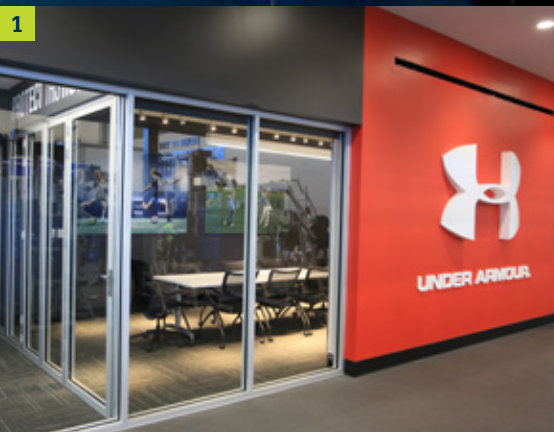
PREPARE FOR GREATNESS.

SPORT SCIENCE

Our proven training methodology combined with cutting edge technology has made IMG Academy an industry leader. We have partnered with trailblazers in sport technology that are dedicated to helping our athletes enhance performance, improve ability and gain a competitive advantage.

Pictured here is just some of our advanced technology including the Gatorade Sports Science Institute, IMG Academy Tour Studio, custom club fittings and STRIVR virtual reality training.

- 1 UA Innovation Office
- 2 IMG Academy Tour Studio
- 3 Johns Hopkins All Children's Health Services Center
- 4 Gatorade Sports Science Institute
- 5 PlaySight SmartCourt
- 6 STRIVR virtual reality training



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